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## ABSTRACT OF THE DISCLOSURE

An object of the present invention is to reduce information volume going through a network when a multi-media E-mail is transmitted/received therethrough, which includes various types of media information being temporally and/or spatially related to one another. To attain the object, a return mail is composed by utilizing any object (received object) included in an incoming mail. Thereafter, the return mail is structured in a format for a multi-media E-mail including every object included in the return mail exclusive of the already-utilized object(s) and control information indicating how the objects in the return mail are temporally and/or spatially positioned, and then is transmitted to a computer system from which the incoming mail was transmitted.